

# The Plains States

Follow the directions below to complete the map. Do not color the □ s and ○ s on your map.

## Part 1: Basic Labeling And Coloring

- Label each □ with the state's postal abbreviation.
- Canada lies north of North Dakota. Color Canada red.
- Color all states bordering the plains states yellow.
- Trace the symbols for the **Badlands** in brown.
- Trace the symbols for the **Black Hills** in gray.

## Part 2: Identifying Important Geographical Features

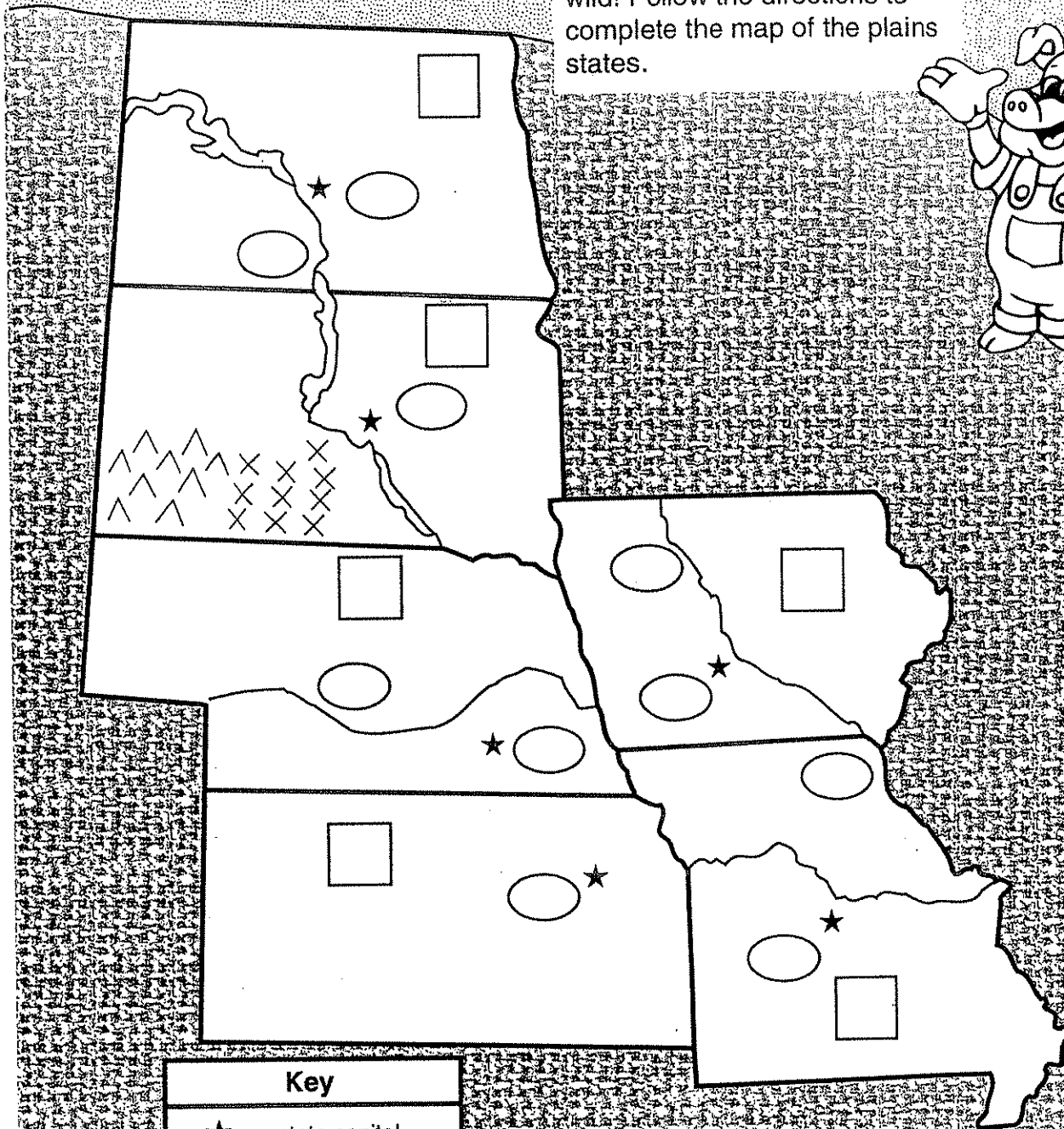
- The **Missouri River** flows through North and South Dakota, along Nebraska's eastern border, and across Missouri. Label it 1. Trace it in blue.
- The **Mississippi River** forms the eastern borders of Iowa and Missouri. Label it 2. Trace it in blue.
- The **Platte River** flows across Nebraska. Label it 3. Trace it in blue.
- The **Des Moines River** flows through Iowa to the Mississippi River. Label it 4. Trace it in blue.

## Part 3: Identifying States And Capitals

- **Bismarck** is the capital of North Dakota. Label it 5. Color North Dakota orange.
- **Pierre** is the capital of South Dakota. Label it 6. Color South Dakota green.
- **Lincoln** is the capital of Nebraska. Label it 7. Color Nebraska purple.
- **Des Moines** is the capital of Iowa. Label it 8. Color Iowa pink.
- **Topeka** is the capital of Kansas. Label it 9. Color Kansas red.
- **Jefferson City** is the capital of Missouri. Label it 10. Color Missouri light green.

# Down On The Farm

Welcome to the plains region—  
America's heartland. Go hog-  
wild! Follow the directions to  
complete the map of the plains  
states.



Key	
★	state capital
~	river
—	state boundary
▨	Canada
▩	bordering states
∧	Black Hills
×	Badlands

